

Leading from Within

– Retreat for Women with Ann Ross and Natasha Swerdloff

DATE
25-27th July 2015
in Devon

PRICE
£325.00

LOCATION
Budleigh
Salterton

Renew Your Sense of Spirit & Purpose

- ☛ Are you leading a purposeful, joyful life that you truly love?
- ☛ Are you inspired from within, illuminated by your own inner light?
- ☛ Are you BEING the change you want to see in your family, your friends, your workplace the world?

We invite you to join us for a 3-day retreat that provides opportunities to reflect on the blessings and challenges of being a woman in life and in leadership today. Together we will be looking at life from the inside out.

The days include input, quiet contemplative space, a variety of experiences and some opportunity for individual coaching for those who choose. This retreat will take place in a setting of great beauty in Budleigh Salterton.

In this retreat you will find:

- ☛ Time to reconnect who you are with what you do;
- ☛ Contribution you have to offer to the practice of leadership;
- ☛ A safe space in which to re-member yourself and your wholeness;
- ☛ Chances to quiet the noise of the world and listen to your own life speak;
- ☛ Encouragement to fully embrace your leadership roles and responsibilities whether you're a mom, unemployed, self-employed or have a formal leadership role today
- ☛ Reflections on how we learn to deeply trust ourselves, and each other, so that our dreams of a more peaceful, loving and compassionate world can come true

Who we truly are, is infinitely greater than many of us imagine possible. Our creative potential is beyond measure. When we awaken to our true nature, we enter the world of unlimited possibility and become conscious leaders of our own lives. We look forward to being with you on this retreat.

Your facilitators during this retreat will be Ann Ross and Natasha Swerdloff. Both Ann and Natasha are Facilitator and Trainers in The principled-based realization of life.



Ann has had a worldwide background in Energy Psychology for 14 years. She is a Trainer of Trainers and pioneered Energy Psychology in Namibia and South Africa. She was the keynote speaker at Conferences and seminars in USA, Europe and Africa. After experiencing burnout and a profound insight 3 years ago, she walked away from a successful practice to learn more about the three Principles as experienced by Sydney Banks. She has trained with Rudi and Jenny Kennard of Three Principles Movies and continues to be mentored by leaders in the new paradigm of Psychology. Ann now facilitates courses, Meetups and Immersion days for personal transformation. She has recently been employed in a business environment as a well-being consultant. She has the great pleasure to be a Mentor on the Innate Wellbeing trainings and retreats. Ann delights in seeing the Wisdom at work within each person as the Principles are revealed and uncovered.



Natasha Swerdloff has been a corporate trainer and business consultant for the past 20 years, specializing in coaching, leadership training, organizational change, communication, facilitation and process consulting. Natasha has widespread experience as a consultant on a management level and has facilitated successful changes in organizations in Denmark and abroad.

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