

Coming Home to Love

Embracing the entire universe

Join Dicken Bettinger & Natasha Swerdloff for a retreat about Love at Sonoma Academy, Northern California

February
15-17th
2020

There is a love in you, that is capable of embracing the entire universe!

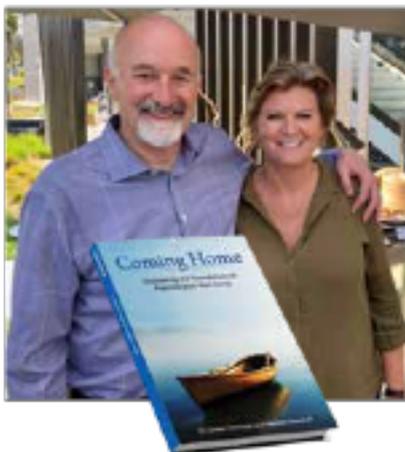
This love is both simpler and more ordinary than we imagine it to be. Love is simply the experience of being intimately connected to life. We can experience this because it is already true that life is a unified whole.

Life itself is a single field of energy. It is already one and indivisible. All of us can intuit the truth of that. As we realize this, our experience of love expands to include the whole of life.

Despite the simplicity and ordinariness of love, it is something that many of us struggle to understand. Often, we can spend a whole lifetime thinking about love; What it means? Why we don't have it? Why we are always longing for more, etc.

In this retreat we will explore:

- What love is, and where it is found
- Why we search for love and try to get love, and yet it seems like we never get enough
- The true source of love that never fades and is always available
- Love that is as intimate and as ordinary as breathing
- How realizing the very nature of love will help us in all our relationships!



Please join us in this retreat led by Dr. Dicken Bettinger and Natasha Swerdloff. Dicken and Natasha are basing this retreat on their mutual and never-ending curiosity about love. This retreat is appropriate for couples and singles of all ages and backgrounds, who want to deeply explore the nature of love!

Dicken and Natasha base their understanding of love on insights they have had into the Three Principles as discovered by Sydney Banks.

The cost of this retreat is \$495 and includes tuition, coffee/tea/fruit. Lunch options will be available on site. There are many accommodations in the area available for people who are coming from out of town. Please contact Janet Durgin, Head of School at Sonoma Academy for further information about this retreat: janet.durgin@sonomaacademy.org