



and
3P-skolen
presents:

WELL-BEING

- awakening to your true nature

An Exploration of the Heart of the Three Principles - a two day seminar in Copenhagen

Join Dicken Bettinger and Natasha Swerdloff for a 2 day deep dive into the heart of the Three Principles!

Together we will reflect on:

- 🌿 Our true Self
- 🌿 Our deepest spiritual core
- 🌿 Our boundless capacity for love
- 🌿 Awakening our senses so that we may enjoy our lives
- 🌿 What it means to be guided effortlessly by wisdom through our ups and downs and through any challenges we face
- 🌿 How we have everything we need to bring more peaceful, kindhearted presence into any relationship
- 🌿 How shifts in our level of well-being create a positive impact on those close to us, on our environment, and on the global community.
- 🌿 How love is always the answer to all of our problems.

Please join us for this uplifting 2 day retreat!

This retreat will be relaxing and reflective so that you will have the opportunity to have your own insights that transform your life.

The retreat will be engaging, and everyone will have an opportunity to participate.

Dicken and Natasha will share their freshest insights gained from studying the works of Sydney Banks, whose enlightenment experience revealed the Three Principles.

Dates:

September 30th – October 1st 2023.

Kl. 10.30-16.30 both days.

Cost:

1950 DKK and 1600 DKK for members of 3PDK + a registration fee of 15 DKK (Registration is binding).

Location:

Goldschmidts Musikakademi
Rentemestervej 62, 2400 København NV.

Live-streaming

If you are unable to come to the event in Copenhagen, a live-streaming option is available for you.

All sessions will be recorded, and you can live-stream or download so you can watch whenever you want.

Price for live-streaming including the download option is 950 DKK.

To register:

https://www.holdsport.dk/sports_schools/2433

To hear Syd Banks sharing the Three Principles:

<https://www.youtube.com/@sydneybanks3>

For further information:

Dicken: www.3principlesmentoring.com

Natasha: www.3P-skolen.dk

3PDK: www.3pdk.org

This retreat is led by internationally renowned authors and speakers Dr. Dicken Bettinger and Natasha Swerdloff. Dicken and Natasha co-authored the book *Coming Home* in 2016 and have since then traveled around the world sharing the insights they have had into the Three Principles as discovered by Sydney Banks. They are basing this retreat on their mutual and never-ending curiosity about our true Self. This retreat is appropriate for people of all ages and backgrounds, who want to deeply explore their true nature!

